



IT'S IN THE BAG



December 2025

Wishing you a Joyous Christmas Season!

Important Notice

With much sadness, we are writing to let you know that the Niagara Ostomy Association will be folding at the end of May 2026. This decision does not come lightly. Over the past few years, we have lost several of our key volunteers. While we've managed to continue with a small but mighty team of volunteers, some of them new, we have several key Board positions that remain vacant after our best efforts to recruit replacements.

Going Forward

From January to May 2026, we will continue to host our monthly general meetings at the Lions Club in St. Catharines with our confirmed speakers – weather and sufficient attendance permitting. These meetings are jam-packed with good information and supportive tips and tricks about daily living with an ostomy provided by presenters and through general conversation. We hope to see you there!

**Please check the NOA phone line at 905-321-2799 or website for up-to-date information.
If a meeting is cancelled it will be voice recorded and posted to the website.**

Effective Immediately

- Current services, such as Ask the NSWOC and our Visiting Program are ending
- There will be no further newsletters.

We will not seek membership renewals for 2026. If you have renewed your 2026 membership, you will receive a refund.

Thank You

Thank you for your interest in our work within the Niagara Community. We are proud of the Association's positive reputation and the 50+ years of support we've provided to numerous people living in Niagara as they navigate life with an ostomy.

We will miss all the good relationships we've developed in support of our mission: to serve and assist all people with ostomies in the Niagara Region.

Remembering Steve Smith

We also want to let you know that Board Member, Steve Smith passed away in November. Steve's role was key to our day-to-day operations. He is known for his ready smile and the sparkle in his eyes. Steve pitched in wherever and whenever needed and regularly drove NOA members to meetings. We miss him.

On behalf of the Board of Directors, Niagara Ostomy Association,

John Molnar